

Wednesday Brown Bag Ephesians Bible Study
“Life in the Body of Christ”
6:30-8:00pm—Fellowship Hall and Zoom
May 18-June 8, 2022

Bring your Bible, paper/pen, and a brown bag supper—drinks provided!
Before the study begins—read Ephesians (just 6 short chapters)

Date Theme Scriptures to Read/Questions for Reflection

****Each week—read the whole passage for that week.***

Reread the key verses aloud, 3 times.

What do you see? What do you hear? What is God saying to you?

Do you read the instructions when you buy something new? Why or why not?
 Ephesians has lots of instructions for Christian life—what would it mean if we read and followed these faith instructions?

May 18 Unity Ephesians 2:11-22, 4:1-16

***Key Verse: Ephesians 4:1-6**

Unity was central to Paul’s vision of the church—why is it so important?
 What did Jesus say about unity? (Read John 17:10-11, 22-23)
 How did Jesus create unity? (2:14-16)
 What is the basis of our Christian unity? What does this mean to you? (4:4-6)
 Describe the unity we have with other believers, even in our diversity.
 What threatens unity in our Christian community today?
 What kind of diversity exists in our unity? (4:7-13)
 How can we maintain and guard the unity of the body of Christ today?

May 25 Strong Faith Ephesians 3

***Key Verse: Ephesians 3:14-17**

Often Western Christians, and individuals, talk of Jesus in our hearts, or ‘Christ in us’.
 But Paul often talked about us being ‘in Christ’.
 What’s the difference? What does it mean to be ‘in Christ’?
 Ephesians 3:14-17 is a prayer for the church. What is Paul asking for?
 What does it mean to be strengthened in your inner being?
 What other prayer requests does Paul offer in 3:14-17?
 Why would Paul pray that love would be our foundation?
 What are the characteristics of God’s love for us? (3:18-19)
 What difference does knowing God’s love make in our lives today?
 What does 3:20-21 mean to your life of faith?

June 1 Christian Life Ephesians 4:17-5:20

***Key Verse: Ephesians 4:31-5:2**

In what way does changing behavior start with the mind, rather than the body?

How does Paul describe the pagan mind and heart (4:17-18)?

What behavior happens as a result? How do we see that behavior today?

How do we put away our 'old self'? (4:20-24)

How are we renewed in mind? (4:23)

How do we clothe ourselves with a new self?

What are the behaviors central to our Christian life? Where do you see these today?

How do these behaviors describe God's own self?

What does it mean that we have been 'marked' by the Holy Spirit? (4:30)

What does it mean to imitate God? How do we do this practically today (5:1-2)

June 8 The Armor of God Ephesians 6:10-20

***Key Verse: Ephesians 6:10-13**

C.S. Lewis, in *The Screwtape Letters*, famously said that most people either ignore the demonic or are obsessed with it. Both are errors.

Do you tend to ignore the spiritual or demonic realm, or be too concerned with it?

What is spiritual warfare? (6:11-12)

When have you been involved in a spiritual battle? How did you handle it?

Identify the **six pieces of armor**, and how we use them today? (6:14-17)

Which piece of armor is most difficult for you to use, and why?

In what way is the sword of the Spirit (Word of God) an offensive, not defensive weapon?

A final weapon is prayer—how does prayer help us in spiritual battles?

How is prayer hard work for you?

What has been the most impactful part of Ephesians for you?