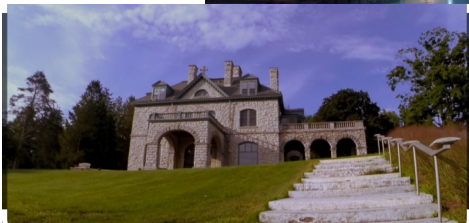
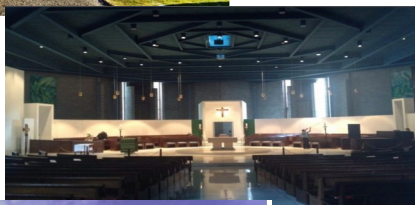
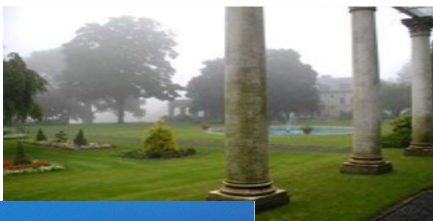


St. Mary's Abbey
230 Mendham Rd.
Morristown, NJ 07960

[https://youtu.be/o4ckzuvShzY?
si=cvHI_bOhbHA2Y7m5](https://youtu.be/o4ckzuvShzY?si=cvHI_bOhbHA2Y7m5)



RETREAT INFORMATION & DETAILS

Date: January 26-28, 2024

Register with link:

<https://firstpresmatawan.org>

Cost: \$240 per person (payable to **FPC Matawan** by check, M.O., Zelle, or cash). Price includes five meals and lodging. Please bring your own snacks.

Registration closes on Nov. 15, 2023

Final Payment due by Dec. 1, 2023

Check-In:

Friday, January 26, 2024

5:30pm-6:30pm

Welcome & Worship 7pm

"Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints." Ephesians 6:18 NRSV

Contact Patti for further questions at:

pfs111162@gmail.com

What's Prayer Got To Do With It?!



FROM SOUTHERN NEW JERSEY:

Take I-287 NORTH to Morristown EXIT 35 (C-124 Madison Ave.). Turn left at the end of the ramp and continue on C-124 WEST (South Street). Follow directions from Morristown Green at bottom.

A Women's Retreat for
First Presbyterian of Matawan
Lincroft Presbyterian Church
Presbyterian Church on the Hill



Natalie grew up in Oklahoma, graduating from the University of Tulsa with a B.A. in Religion and Psychology, and from Princeton Theological Seminary in 1998 with her M.Div. She served as Pastor in three churches in OK from 1999-2021, before being called as Pastor of First Presbyterian Church of Matawan. Natalie also spent 6 years as the Fire Chaplain for Limestone Fire Department. She is married to Ed Bell, and has a son and a daughter. Natalie enjoys traveling, and antique and resale shops. Natalie loves to laugh, read, listen to great podcasts, sing, walk, sew, quilt, and spend time with friends and family. Natalie believes in the JOY that prayer brings to our lives, the power of an ongoing conversation with God, and the impact of listening—to God, and to one another.

Natalie will be exploring the meaning of prayer at our retreat.

PRAY LIKE...



Annie was raised in Elizabeth, NJ. After almost three decades in Corrections, Annie retired as an Administrative Lieutenant. Graduating in 2020 from Rutgers University in New Brunswick, New Jersey, with a B.A. in Psychology and Religion, she went on to earn a Master of Divinity from Princeton Theological Seminary in May 2023. She is currently a Candidate under the supervision of the CPM in the Presbytery of the Coastlands in NJ. Annie strongly believes in the power of prayer, that nothing is impossible for God, and that God's love, grace, mercy, forgiveness, and salvation are available to EVERYONE. She is a competitive saltwater angler and a member of the NJ WSFC. She enjoys playing guitar, singing, reading, and LOVES spending time with her family and friends.

Annie will help us discover different ways to elevate our prayers—Prayer 2.0

YOUR LIFE...



Born in Pennsylvania and raised in the UPC, Patti grew up preaching on Youth Sundays. An ordained elder in the PCUSA, Patti is a Spiritual Director certified through Oasis Ministries for Spiritual Development and a Lauren Artess-trained labyrinth walk leader. She is an RYT 200 yoga instructor specializing in Ashtanga and has been certified by the Center for Trauma and Embodiment to teach Trauma Sensitive Yoga. Patti holds an AB from Duke University and an MDiv. from Princeton Theological Seminary. Despite all the academic rigor, Patti maintains her belief that Spirit, tired of eons of intellectual controversy, is actively blowing in and among today's faithful women, sparking a revolution on behalf of the world's impoverished, wounded and forgotten.

Patti will be leading sessions in ancient Christian contemplative prayer.

DEPENDS ON IT!